



Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington, D.C. 20204



December 16, 2004

Notification of Statements
Of Nutritional Support

This notification is filed pursuant to section 403 (r) (6) of the federal Food, Drug, and Cosmetic Act (FDC Act), 21 U.S.C. ss 343 (r) (6). Please see attachment for a listing of dietary supplements and corresponding statements of nutritional support.

These statements are being accompanied by the required disclaimer pursuant to Section 403 (r)(6)(C) of the Act.

Statements of nutritional support are based on data which render these statements substantiated, truthful and non-misleading.

An original and two copies of this letter and its attachment are enclosed.

Sincerely,

A handwritten signature in black ink, appearing to read "Nate Couture". The signature is fluid and cursive, with a long horizontal stroke extending to the right.

Nate Couture
Q.C., Oregon's Wild Harvest

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Dietary Supplement	Brand Name	Product Name	Statement of Nutritional Support
Turmeric Root, Turmeric Root Standardized Extract	Oregon's Wild Harvest	Turmeric	Turmeric's antioxidant properties provide protective nutritional support to the cardiovascular system, joints, and liver.
Turmeric Root, Turmeric Root Standardized Extract	Oregon's Wild Harvest	Turmeric	Antioxidant protection and liver support
Rhodiola Root Standardized Extract	Oregon's Wild Harvest	Rhodiola Extract	Arctic tribes valued this herb as an adaptogen, and used it to increase physical and mental stamina
Rhodiola Root Standardized Extract	Oregon's Wild Harvest	Rhodiola Extract	Adaptogens increase resistance and adaptation to stress, helping to build stamina and vitality.
Rhodiola Root Standardized Extract	Oregon's Wild Harvest	Rhodiola Extract	Promotes energy and resistance to stress
Bilberry Fruit, Bilberry Fruit Standardized Extract	Oregon's Wild Harvest	Bilberry	provides nutritional support for blood vessels in the eyes, and helps maintain normal eye health.
Bilberry Fruit, Bilberry Fruit Standardized Extract	Oregon's Wild Harvest	Bilberry	Supports eye health
Milk Thistle Seed, Milk Thistle Seed Standardized Extract, Dandelion Root, Burdock Root, Artichoke Leaf	Oregon's Wild Harvest	Milk Thistle Dandelion	combination of liver supporting herbs
Fenugreek Seed	Oregon's Wild Harvest	Fenugreek	Traditionally used for maintaining digestive and respiratory health, and to support lactation in nursing mothers.

Dietary Supplement	Brand Name	Product Name	Statement of Nutritional Support
Green tea leaf, Green tea leaf standardized extract	Oregon's Wild Harvest	Green Tea	The benefits of green tea have been attributed to the presence of polyphenols such as epigallocatechin gallate (EGCG), which provides antioxidant protection in the body.
Green tea leaf, Green tea leaf standardized extract	Oregon's Wild Harvest	Green Tea	Antioxidant support
Ginkgo leaf, Gotu Kola herb, Choline Bitartrate	Oregon's Wild Harvest	Ginkgo Gotu Kola with Choline	supports the nervous system and brain
Echinacea purpurea root, Echinacea purpurea tops, Echinacea angustifolia root, Goldenseal root, Oregon Grape root	Oregon's Wild Harvest	Echinacea Goldenseal	provides nutritional support to the immune system, lungs, and sinuses
Cascara Sagrada bark	Oregon's Wild Harvest	Cascara Sagrada	for relief of occasional constipation
Red Clover blossoms and leaf	Oregon's Wild Harvest	Red Clover	More recent studies indicate that red clover has phytoestrogenic properties, and it is currently being investigated for menopausal symptom relief
Red Clover blossoms and leaf	Oregon's Wild Harvest	Red Clover	Alteratives, known in folk medicine as "blood cleansers," were seen as herbs that assisted organs in the removal of metabolic waste and toxins from the circulatory system.
Eleutherococcus senticosus root	Oregon's Wild Harvest	Eleuthero	used during times of stress and is especially notable as an immune tonic in the middle aged and elderly.
Valerian root, Skullcap Herb, Hops	Oregon's Wild Harvest	Muscle Relax	Promotes Relaxation
Valerian root, Skullcap Herb, Hops	Oregon's Wild Harvest	Muscle Relax	support sleep and relaxation
Astragalus root	Oregon's Wild Harvest	Astragalus	an important aid in strengthening the natural defense system of the body